

Cruciate Injuries In the Seasoned Athlete – Incidence And Associated Injuries

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The cruciate ligaments function in knee homeostasis particularly in ensuring a stable joint.

This lecture elucidates cruciate ligament injuries in the athlete with delineation of associated injuries of menisci, cartilage and other ligamental structures.

It forms a baseline to expose the treating physician to the likelihood of isolated and combination injuries at the knee, allowing appropriate and optimum care.