Unusual Foot Drop

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INTRODUCTION

Peroneal neuropathy is the most common compressive neuropathy of the lower extremities but is rarely caused by a ganglion. Although ganglionic cysts occur frequently, they rarely cause serious complications¹. Here, we present an extraneural ganglion cyst as a rare cause of foot drop secondary to peroneal nerve compression.

REPORT:

A 65-year-old housewife presented with a threeday history of right foot drop with a concomitant swelling over the right proximal leg lateral aspect, which prior to this did not cause her any complaints. She denied any preceding trauma nor exhibited any constitutional symptoms. Local examination revealed a cystic mass at the level of right fibula head. There was weakness in ankle dorsiflexion, great toe extension and foot eversion. Magnetic Resonance Imaging (MRI) revealed a multiloculated cystic lesion measuring approximately 2.2x1.8x3.6cm adjacent to the right biceps femoris tendon at the level of proximal tibiofibular ioint which compressing the common peroneal nerve. Intraoperatively, the nerve was found overlying the ganglion cyst and appeared atrophic. The cyst was excised in entirety after careful isolation and protection of the nerve.



Figure 1: Common peroneal nerve overlying the ganglion cyst



Figure 2: Excised ganglion cyst

CONCLUSION:

Peripheral neuropathy owing to ganglion is rare, which can either be extraneural or intraneural. Extraneural cyst is the rarer variety and is often related to knee injury². It can be challenging to differentiate ganglion cysts from nerve tumors. They can be demonstrated on MRI with characteristics of homogenous high signal on T2-weighted images. Ganglion cysts can be successfully treated with cyst removal.

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