

The Ability to Memorize Quran Amongst Housemen in Orthopaedic Department Hospital Raja Permaisuri Bainun, Ipoh

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INTRODUCTION:

Housemanship is a crucial time in the career development of doctors.¹ Due to the workload demands and poor time management, they may have less time to engage in social activities, including religious obligations.² On the other hand, religious activities can serve as a coping method for stressful, busy schedules among housemen.³

The aims of this study are to determine the ability of housemen to memorize Quran during orthopaedic posting and the related contributing factors.

METHODS:

This is a cross-sectional descriptive study. All Muslim housemen undergoing orthopaedic posting from May 2017 to June 2022 were included in this study. At the beginning of the posting, each houseman was required to choose one surah that he/she aimed to memorize. Within the 4-months posting, each houseman underwent two tasmiiq sessions to verify their memorising ability; whereby the quantity was measured by the number of lines he/she able to memorise. All data were recorded by one assessor and analyzed using SPSS software version 26.0.

RESULTS:

A total of 382 housemen participated in this study. Most of the housemen age between 26 (39.5%) and 27 years old (29.3%). The youngest houseman was 24 years old (1 person), while the oldest age 33 years old (1 person)

As a whole, the average number of lines memorized by housemen was 28 (equivalent to about 2 pages). The minimum number of lines memorized was 4, while the maximum was 202 lines. 61.3% of them successfully achieved the target they set during the beginning of the posting, while 12% of housemen were able to memorize more than their initial target.

The most selected surah is al-Mulk, comprising 30.1%, followed by surahs in Juzu' 30 (15.9%), al-Kahfi (11.5%), al-Waqiah (8.9%), and Yasin (7.85%).

Factors contributing to Memorizing Quran	T-value	P-value
Gender	1.39	0.165
Religious high school	5.816	0.000
Arabic universities	-3.383	0.001
Current hafazan level	5.024	0.000

DISCUSSIONS:

This study shows that housemen were able to do Quran memorising activity during the orthopaedic posting in HRPB. Majority of them were able to manage their time to achieve the goals they set at the beginning of the posting.

As far as the contributing factors are concern, housemen with religious secondary school and Arabic universities education backgrounds were better at memorizing Quranic verses. Those who had practised more Quran memorising in the past also fared better.

There is no gender difference in the ability to memorize the Quran.

CONCLUSION:

To our knowledge, this study represents one of the first in Malaysia to explore housemen's ability to memorize the Quran, demonstrating their ability to engage in religious activities despite their busy schedules.

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