

Should We Fix Talar Neck Fractures From Posterior?

Chong Keen Wai

*Managing Director, BJIOS Orthopaedics
Adj Ast Professor, Duke-NUS Graduate Medical School
Visiting Consultant, Singapore General Hospital
Past Chairman, AOTrauma Singapore*

Talar neck fractures are a rare type of fractures. It should be managed by experts because it is uncommon, and because the risk of avascular necrosis directly correlates with how anatomically perfect the fixation is.

The standard teaching is a double window anteromedial and a sinus tarsi approach.

I will discuss the pros and cons of this approach as well as the posterior approach and explain why the posterior approach should be discouraged.