

Degenerative Spondylolisthesis

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Degenerative Lumbar Spondylolisthesis is a complex entity caused by progressive pattern of degenerative pathoanatomy. Commonly affects lady above 60 years of age at the level of L4 – L5 region. Patient whom failed conservative treatment may require surgical intervention. Data exist to support several recommendation regarding surgical versus conservative, decompressions alone versus decompression and fusion, and fusion with and without instrumentation.

A recent long term study showed that a solid fusion and adequate decompression is the procedure offering the best clinical outcome.